Mental Health Education and Resource Centre Earthquake Seminar Series Christchurch Sept 10th 2012



The relationships of geographical variations in health outcomes and earthquake impact

Prof Simon Kingham Department of Geography and GeoHealth Laboratory University of Canterbury - Te Whare Wananga O Waitaha Christchurch, New Zealand



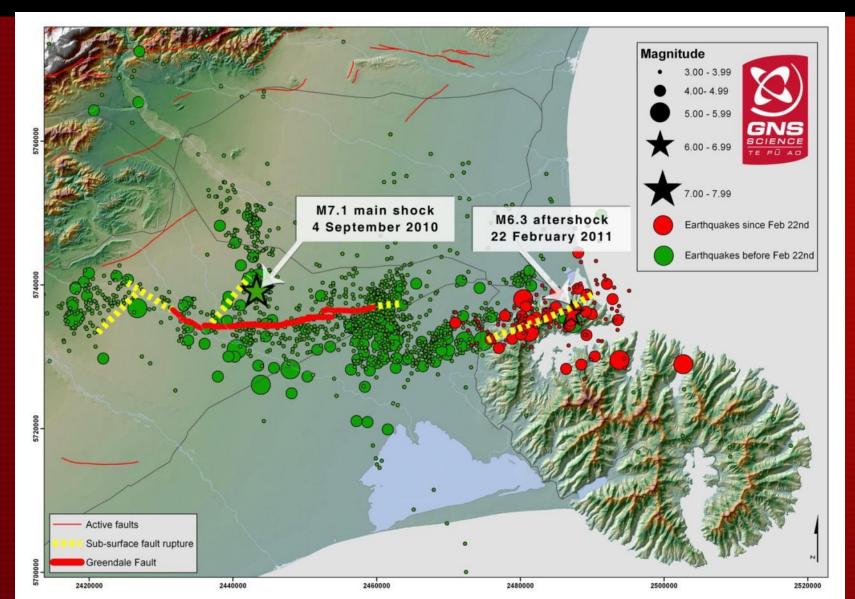
Funding

- Cooperative Research Centre for Spatial Information (CRCSI)
 - ... a government, industry and research joint venture ... using spatial technologies to solve complex problems of national significance ...
 - Australia and New Zealand
 - www.crcsi.com.au/Research/4-4-Health/4-43-Geographicvariations-in-natural-disaster
- PhD scholarship



Major earthquakes in and around Christchurch, New Zealand, since September 2010

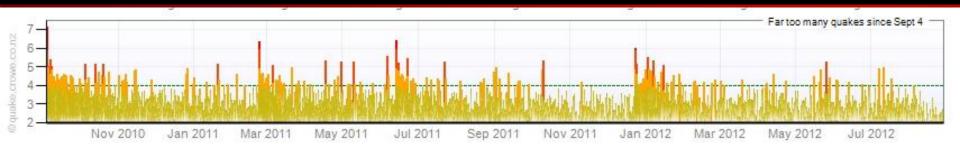






Ongoing seismic activity





Mag	Last Shake	Shakes
1	23/08/2012 7:32pm	<u>84</u>
2	28/08/2012 11:48am	8142
3	19/08/2012 10:19am	3196
4	16/07/2012 4:15pm	420
5	25/05/2012 2:44pm	52
6	23/12/2011 3:18pm	3
7	04/09/2010 4:35am	1
	Total quakes	11898

www.canterburyquakelive.co.nz



- Major damage
 - 70% of city centre to be demolished



- 15,000-20,000 residential properties to be rebuilt
- Over 100,000 properties to be repaired



Ongoing (years) community impact

- Facilities permanently or temporarily closed
 - schools, shops, GPs
- Temporary housing arrangements
 - Smaller housing, garages, even cars
 - Community break up & geographical challenges
- Dispersal/Relocation of whole communities
 - Red zone area not to be rebuilt
- Uncertainty over state of land and rebuild
 - Red, orange, green, white etc.



- Immediate health impacts
 - Injuries, fatalities
- Medium term impacts
 - Sanitation
 - Liquefaction dust
- Ongoing health impacts
 - Stress related

Suicide numbers drop after quake

ANTONIO BRADLEY



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Health

Last upda

World cup and quakes cause drop in suicide rate

Suicide
Fewer K
Dying b
I don't r die
'Black m
'Black m
Life with
Son labe resident
Agents '
Rest hor evening
Home c SARAH HARVEY

Last updated 05:00 01/01/2012

Health



- Suicide stats improving, but still grim
- Fewer Kiwis drinking liquor
- Dying baby sent home three times
- I don't regret it man who helped mum die
- Black market' warning over \$100 smokes
- Life with an autistic child
- Son labelled 'medical burden' so no residency
- Agents 'trick' nurses into signing bonds
- Rest homes tackle racism with 'cultural evenings' for residents
- Home crisis threatens health 'tsunami'

Suicides almost ceased during the Rugby World Cup, in a phenomenon linked to that seen in the aftermath of the Christchurch earthquakes, the London bombings and the September 11 attacks.

A Text Size

Print

Community Action on Suicide Education Prevention and Research (Casper) founder Maria Bradshaw said in the aftermath of the London bombings, the September 11 attacks and the Christchurch earthquake there was a reduction in suicides.

She said suicides often occurred when people felt marginalised, so it made sense there was a drop when there was "social cohesion".

"Suicide occurs because people have a lack of sense of belonging, and a sense that they don't make a valued contribution. So, when you have things like the earthquake and the cup, people who are feeling like that suddenly have something in common with everyone else," Bradshaw said. Stress still elevated in quake aftermath Christchurch men battling depression Hard grind as quakes take toll on



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Christchurch Earthquake 2011

letsclear theair.co.nz

- Quake freedom idea worth spreading
- Live music bonanza for volunteers
- Southland project to assist Chch rebuild
- Housing squeeze hits rebuild
- Advocates to help speed recovery for hardest-hit
- Key services' quake response to be studied
- Civil Defence back in central Christchurch
- Costs likely to bar small firms from CBD

Insurance and land-zoning concerns are affecting the mental health of Cantabrians trying to recover from the earthquakes, a psychologist says.

Tweet <3

5

Ron Chambers, of the Canterbury District Health Board, said the were a few "hiccups" in people's reactions to the quakes that br from the usual pattern for disaster response.

"The difficulty and the difference here is that we've been faced we many thousands of aftershocks which have complicated that recovery process and ... we've had to deal with [issues] around land zoning and ... insurance," he said.

"The unclarity around a whole lot of things like that really have h an ongoing impact on people's stress levels and resilience and ability to move forward."

Supplied was fight or flight, which explained the behaviour of some children



- Is there a spatial relationship between the extent of physical damage from natural disasters and non-injury psycho-social stress related health outcomes ?
- Are adverse stress-related health outcomes greater among people who have experienced greater physical damage to their communities and homes than other those who have experienced less damage, but who also live in the city?

Methods



- Estimate exposure to seismic damage/impact
 - extent of home damage
 - infrastructure service closures and restriction
 - community disruption e.g. school & shop closure
 - amount & extent of liquefaction
 - magnitude of *shaking*
 - changing land colour

Methods

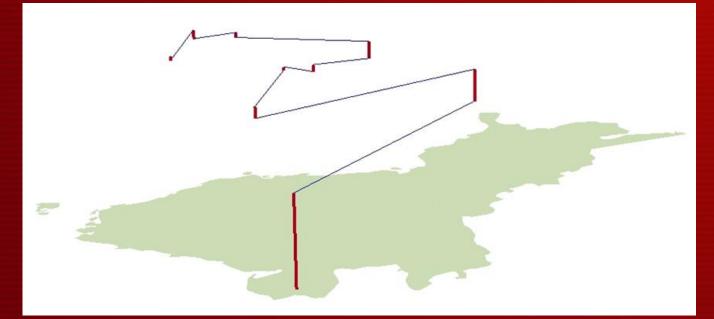


- Point health data
 - o patients *attending* hospital emergency department
 - Plus, those admitted to hospital
 - callers to Healthline
 - ACC earthquake claims
 - Health survey respondents





- Tracking geography of individuals from diagnosis to before the start of the seismic activity in Sept 2010
 - Postal re-direction information collected by the Post Office
 - Data from insurance companies on address changes

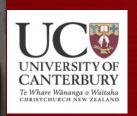




- Determining exposure to earthquake-related anxiety and stress
- Track mobile populations through the environment
- Relate earthquake exposure to health outcome



NZ Research team



Me

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Professor of Geography & Director of Geohealth Laboratory



PhD student

To be appointed



Professor Mike Ardagh

Professor of Emergency Medicine, CDHB



- Dr Tom Wilson
 - Lecturer in Hazards & Disaster Mgmt



NZ Research team

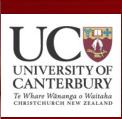




Senior Lecturer in GIS



- Dr Elena Molchanova
 - Lecturer in spatio-temporal statistics



- Dr Sonia Giovinazzi
 - Research fellow in GIS and Hazards



Overseas Research team

- Narelle Mullen
 - CRCSI/Curtin University



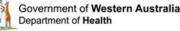


crc•si)

- Prof James Semmens
 - Curtin University/CRCSI



- Dr Tarun Weeramanthri
 - WA Dept of Health





Questions

