



P.A.T.H Planning tool

Planning **A**lternative **T**omorrow's with **H**ope

Monday 24 September 2018

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Overview

- What is the PATH?
- Experience of the PATH in Aotearoa
- Exemplars – Individual, Whānau, Organisation
- PATH & Whānau Ora
- Whānau PATH Planning
- PATH Facilitator Training

What is the PATH?

- Planning Alternative
Tomorrow's with Hope
- A visual planning tool
- A data gathering tool
- A tool for change



Steps to PATH

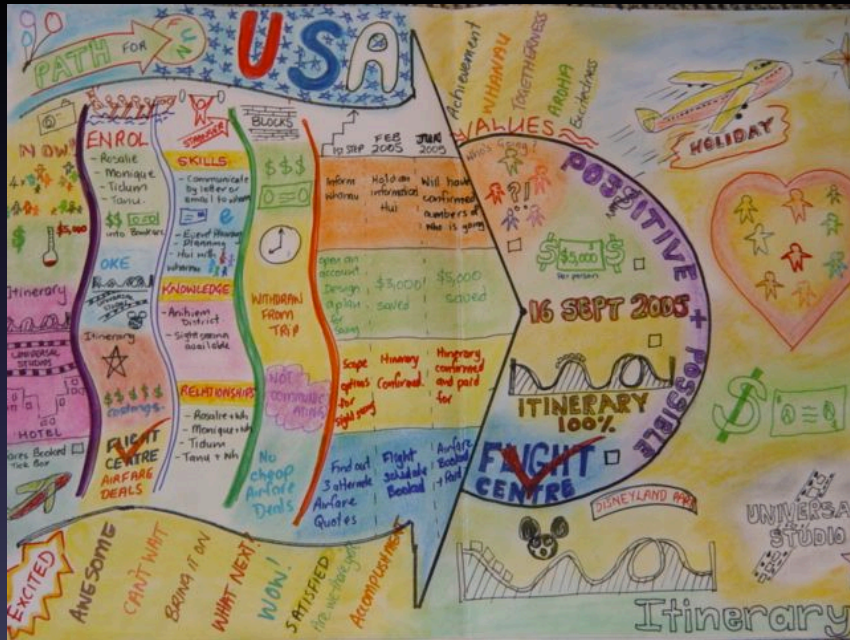
1. Create a common **Identity**
2. Touch the **Dream**
3. Acknowledge **Achievements**
4. Pull out the **Values**
5. Ground in the **Now**
6. Identify who you need to
Enrol
7. Recognise how to build
Strength
8. **Blocks** – what might get in
the way
- 9 – 11. The **Action** for the
PATH ahead
12. Record the emotions and
Feelings

Experience of the PATH in Aotearoa

- Personal, whānau, iwi, organisational planning
- Iwi and Māori Provider Success
- PATH Facilitator Training



Exemplars – Individual & Whānau

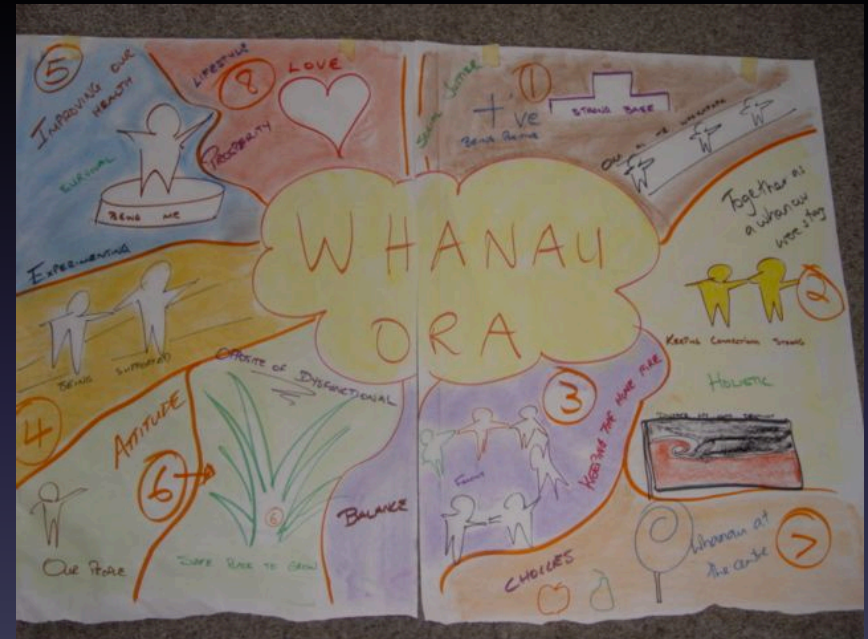


Exemplars – Organisation/Iwi



PATH & Whānau Ora

- A preferred whānau planning tool in Whānau Ora space
- Te Arawa Whānau PATH planning
- PATH Facilitator Training
- PATH Mentoring, Support and Supervision
- PATH and information for reporting purposes



Individual and Whānau PATH Planning

- PATH planning is best suited for those who are ready to plan, ready to change
- A PATH plan can take 2-4 hours
- No limit on numbers participating
- PATH Finder invites others to participate

WILANAU ORA PATH TO A STABLE FUTURE

Now	ENROL STRONGER BLOCKS	1st Step	4 May 2012	8 Aug 2012
US - Finance	OURSELVES \$\$\$	Fun event plan 30 Sept by 30 March 2012	Fun Event x1	Fun Events x2
US - Finance	OURSELVES \$\$\$	Whanau consultation W.O.F by 15 April '12	Whanau Health Plan x2	Whanau Health plans x4
US - Finance	OURSELVES \$\$\$	Finance/Kainga roopu set up 30.03.12	Draft Finance/Kainga plan	Whanau consultation Complete
US - Finance	OURSELVES \$\$\$	Whanau Enterprise roopu set up by 30.03.12	Research plan completed	Research complete 30% + \$\$\$



EXCELLENT
WELL FILLED
AWESOME
HEALTHY
000 shhh!
FREE
STUNNING & FULFILLING
ENLIGHTENING
EXHILARATING
MAURI ORA PRIMO!!

Whaka Whanauaiaa...
Share the love
MILAKARALUA Fulfillment
FREEDOM
HAPPINESS
WILANAU SACROFITE

Peace
HUMANITY
HAPPINESS
GOOD HEALTH
SUCCESS
FUN
UNITY
BALANCE

Our

ROAD TO A BETTER P.A.T.H



our relationship
collecting our kids
connecting to whanau

Family budgeting & saving

Mama

Bella

Olivia

Motivation
Stability
Happiness
Freedom
Love

MITCHELL

VALUES



Happy family



DEPT FEES



Whānau goals and aspirations

Short term goals

- Paying the bills and savings
- Home cooked meals
- Family fun time - strengthening whānau relationships
- A reliable registered car and a license
- Alcohol and violence free
- Business planning
- Addressing reading levels and school progress
- Research whānau land

Long term goals

- Financial independence
- Healthy and active lifestyle
- Happy, strong and well connected whānau
- Whānau enterprise and employment of choice
- Children thriving in education
- Papakainga development

PATH Facilitator Training



- 2.5 day course
- Includes TetraMap model, graphing, learning and applying the PATH steps, other tools for change
- Post course requires practice, follow-up, mentoring & support
- Approx \$850 plus GST per person (facilitation, travel, PATH resources)

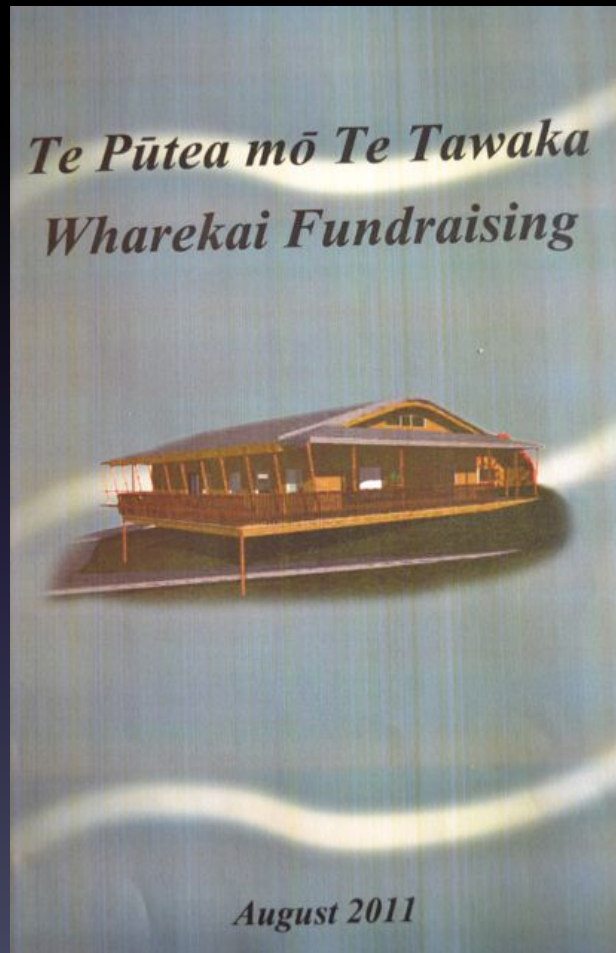
Using PATH in communities

- Requires ability to facilitate in a group setting
- Important to ensure key people are present
- Consider time, venue and logistics
- Pre-PATH planning useful to ensure clear about desired outcomes, process and any issues

Whānau and community inclusive



A wharekai in the planning...



For more information

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Pipi. K., (2010). The PATH Planning Tool and its Potential for Whanau Research in MAI Review Journal. Vol. 3. New Zealand

Jack Pearpoint & Lynda Kahn

www.inclusion.com

